



Hawthorne Foundation Inc.

A Behavioral Approach to Lifelong Care®

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Welcome to Hawthorne Foundation Inc.

Day Habilitation With Walls

Day Habilitation Without Walls (WOW)

We have a program just for you!



Why Choose HFI Day Habilitation?

- Hawthorne Foundation Inc. adult day habilitation programs are available for individuals who live in residential settings, as well as by themselves, or with family. HFI provides door to door transportation from many locations in Westchester and Bronx for those unable to use public transportation or para-transit services.
- The day habilitation center in Elmsford, NY and WOW program offers individuals with disabilities a full day, structured environment where they learn vocational, social and daily living skills, and engage in a range of community-based activities through which they can practice and generalize their skills.



- **Principles of applied behavior analysis (ABA) are utilized throughout the program in order to assist each person in achieving maximum independence.**
- Individuals are provided with the specific skills training needed, along with the tools necessary for person-centered decision making.

HFI Day Habilitation With Walls

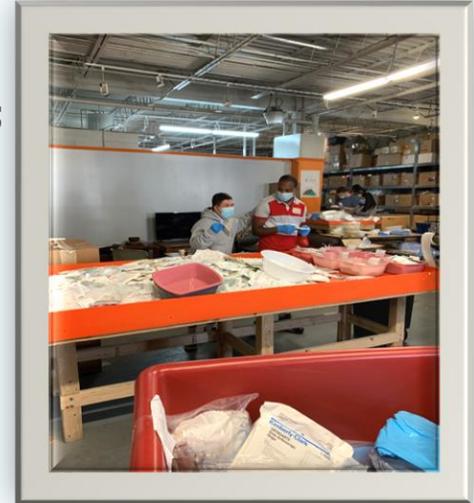
- Hawthorne Foundation Inc. site-based Day Habilitation program operates from 9am to 3pm, Monday through Friday. Staffing ratios are based on the needs of the individuals in the program.
- Each group follows a detailed schedule that follows their Life Plan Goals. A daily schedule includes activities such as:
 - ✓ Vocational and office skills
 - ✓ Creative arts, music and fitness
 - ✓ Independent daily living skills, including cooking, laundry, grooming and cleaning
 - ✓ Money management, functional math and literacy skills
 - ✓ Socialization and communication skills.



- These skills are also taught/reinforced during off-site community integration activities throughout the week.

HFI Day Habilitation Without Walls (WOW)

- Hawthorne Foundation Inc. WOW program operates from 9am to 3 pm, Monday through Friday.
- HFI WOW groups spend their entire day in the local community. This is consistent with the agency's mission to fully integrate the people we support in the community during program hours.
- Staffing ratio is based on the individual needs of program participants.



- All WOW participants are expected to use public transportation or para-transit to travel to program and back home, and travel training can be arranged to assist individuals to learn these skills. HFI transportation will be provided during this training period.

A Typical Day in the WOW Program

- 8:30am – 9:30am: Transportation to first community site
- 9:30am – 10:15am: Breakfast in the community (Socialization, money skills – funds for breakfast provided as part of program)*
- 10:30am – 12:00pm: Volunteer work sites (Job readiness/Pre-Voc skills)
- 12:00pm - 12:30pm: Lunch (bring lunch or purchase)
- 12:30pm - 1:30pm: Work on valued outcomes such as safety skills, money skills, functional literacy skills, vocational skills and computer skills at various locations in the community
- 1:30pm- 2:30pm: Planet Fitness (HFI provides memberships for program participants)*

*During COVID-19 restrictions, WOW participants start their day at the HFI site in Elmsford; participation at Planet Fitness currently optional and individuals can end the day at HFI site, and use our gym equipment



Why Choose HFI Day Habilitation Now?

- Now more than ever, it is important to choose an adult day program that can help your family member recoup the skills and opportunities lost during COVID-19 closures and remote programming or NYSED instruction
- HFI day habilitation staff are trained in the principles of applied behavior analysis (ABA)
- Our programming incorporates individualized instructional methods that revolve around using scientific data to improve functional academic, behavioral, independent, vocational, and social interactive skills, to enable individuals to achieve their Life Plan goals
- *Come see the difference A Behavioral Approach to Lifelong Care ® can make in your family member's life!*

We Invite You to Learn More About HFI Day Habilitation

In-person and virtual tours are available. Contact:

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